



Wasatch Mental Health
Embracing Wellness

GIANT STEPS AUTISM PROGRAM PARENT REQUIREMENTS

Our program greatly depends on parent participation. We keep a monthly record which will be sent to you and changed if there are mistakes. Not only is parent participation mandatory to stay in the program, the hours are used to show how much our parents give back to the program. This helps us continue our funding.

Failure to meet parent requirements consistently may result in a review of your child's placement.

Volunteer Time:

Each family is required to volunteer during the program at least one hour a week. Minimum requirement: 80%

Our staff will work with you to allow for a consistent time that will make this possible for you. This is an important aspect of our program. You will be able to learn many techniques that can be used at home, as well as see how we interact with your child. This is also a good opportunity for our staff to address any questions or concerns you may have.

Parent Training:

Each family must attend parent trainings. Minimum requirement: 80%

Parent trainings will be held on the 1st and 3rd Thursday (evening) of each month. A schedule will be provided and you will be notified of any changes that are made.

Community Outings:

Each family must attend and provide transportation for their own child on at least four outings.

This allows room for our staff to ride with your children when they are transported in the Wasatch Mental Health vans. This is a safety issue. Some children need help staying in their car seat. This is also a good time for staff to promote social skills with other peers, as well as improve self regulation and coping skills for children who have a difficult time riding and waiting in vehicles for a prolonged time.

Treatment requirements (PPOQ's, permission forms, private service plans (IEP), psychological testing, etc.):

Paperwork or other communication required for treatment at GIANT Steps must be completed in a timely manner.

This includes the Plenk Preschool Outcome Questionnaire (PPOQ), which will be sent home monthly, permission forms for upcoming events or school district testing/coordination. Private Service Plan meetings or transition IEP meetings must be kept once they are scheduled. Parent portions to our psychological testing will also be sent home at the end of the school year, which we use for outcome measures. All our measures are used to report to the state to continue funding and continue an evidence-based treatment setting.