



Grandfamilies First

Information and Support Group For Relatives as Parents

- Week 1 - Grandfamilies Program Overview and What is Kinship Care**
Children's Group – Introduction to Interpersonal Skills
- Week 2 - Do I Have Rights?**
The legal issues of a relative caregiver and a child's need for permanency.
Children's Group – Developing a Healthy Self-Esteem
- Week 3 - Loss/Grief and /Attachment Issues of Children in Kinship Care**
Children's Group – Identifying and Expressing Feelings
- Week 4 - Why Can't We Be A Family Again?**
Children's Group – Identifying and Managing Feelings
- Week 5 - The Dynamics of Kinship Families:** Raising a relative's child and the impact on the entire family.
Children's Group – Kinship Family Dynamics
- Week 6 - Parenting Two Generations!** How to deal with your adult child by establishing appropriate boundaries and ending the enabling.
Children's Group – Learning Healthy Coping Skills
- Week 7 - Parenting the At Risk Child.** Information for caregivers in understanding the behavior of the children they are raising.
Children's Group – Overview of the Effects of Drugs and Alcohol
- Week 8 - Substance Abuse and Addiction**
Children's Group – Handling Peer Pressure
- Week 9- Risk and Protective Factors for Children in Kinship Care**
Children's Group – Anger Management Techniques
- Week 10 - What About Me?** The personal realities for relative caregivers.
Children's Group- Social Skills and Termination

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