SERVICES for NON-INSURED

WELLNESS RECOVERY CLINIC
580 E 600 S, Provo, UT, 801-852-3789
Provides services for individuals who are uninsured or underinsured who meet the specified income criteria. Services include medication management, group therapy and case management services.

SERVICES for INSURED

MOUNTAIN PEAKS COUNSELING CLINIC
580 E 600 S, #210, Provo, UT, 801-960-1620
Offers services for individuals who are experiencing depression, anxiety, family conflicts, emotional or psychiatric illness. This clinic accepts health plans offered by most major insurance carriers. You may call the clinic and ask if your insurance carrier is accepted.

MENTAL HEALTH and SUBSTANCE ABUSE SERVICES

WASATCH COUNTY FAMILY CLINIC
55 S 500 E, Heber, UT, 435-654-3003
Offers a variety of therapeutic services designed to help individuals and families who are affected in some way by mental illness and/or substance abuse.

Our Mission
Excellence in Mental Health Care
Excellent Customer Service
Employee Growth and Development
Economic Stability
Established in 1967, Wasatch Mental Health is a public comprehensive mental health center providing a variety of services to the Utah and Wasatch County communities.

Wasatch Mental Health is staffed by licensed mental health professionals who specialize in mental health recovery. These professionals include psychiatrists, APRNs, nurses, clinical psychologists, marriage and family therapists, clinical social workers, clinical mental health counselors, adult and youth case managers, residential services staff, peer support specialists, family resource facilitators, parent mentors, care team assistants and a comprehensive administrative business staff.

Services include:
- Case Management Services
- Domestic Violence Intervention
- Treatment Groups
- Individual, Group and Family Therapy
- Medication Management
- Nursing Services
- Peer Support
- Psychological Testing, as needed
- Skills Development and Behavior Management
- Therapy and case management services to children and their families in specifically assigned schools
- Therapists specializing in the treatment of abuse, trauma, behavioral problems, anxiety, depression and many other mental health problems

SERVICES for ADULTS

INTENSIVE RESIDENTIAL TREATMENT SERVICES
1157 E 500 N, Provo, UT, 801-377-4668
An adult residential treatment program designed to help individuals who suffer from chronic mental illness by providing resources, services and opportunities as an alternative to hospitalization. Programs and support services include assessment, individual therapy, skill development, case management services and psychopharmacology. A prescriber makes rounds weekly and is available on-call 24 hours a day.

JUSTICE REINVESTMENT INITIATIVE (JRI) PROGRAM
For more information call: 801-852-3779
Provides appropriate aftercare planning and services for individuals after they have been released from jail to help increase their chances of successful independent living, thereby preventing their swift return to jail, homelessness or hospital emergency rooms. A typical plan includes individual and group therapy, medication management, educational services, employment training and housing placement.

SERVICES for CHILDREN and YOUTH

ASPIRE
Admission information call 801-960-1680
A residential treatment program for female youth, ages 12 to 18 who are in DCFS custody.

GIANT STEPS – AUTISM
Classrooms located in Orem, Provo and Saratoga Springs. Office: Foothill Elementary School, Orem, UT, 801-226-5437
Provides intensive treatment for children ages 3 to 5 who have been diagnosed with an Autism Spectrum Disorder.

Services also include:
- Case Management Services
- Domestic Violence Intervention
- Treatment Groups
- Individual, Group and Family Therapy
- Medication Management
- Nursing Services
- Peer Support
- Psychological Testing, as needed
- Skills Development and Behavior Management
- Therapists specializing in the treatment of abuse, trauma, behavioral problems, anxiety, depression and many other mental health problems

The program also provides additional services for families to help support, educate, and advocate for their child’s needs.

XCEL ADOLESCENT AUTISM
801-373-4765
Provides social skills, emotional regulation skills and coping strategies for adolescents with an Autism Spectrum Disorder and teens with developmental delays.

NEW VISTA
Admission information call 801-373-4765
Provides outpatient and day treatment services for male and female youth ages 9 to 18 who experience trauma from abuse, neglect and inappropriate sexual behavior.

STRIDE
Programs located in American Fork, Spanish Fork and Provo. For more information call 801-377-1213
After school day treatment services to assist children ages 5 to 12 experiencing challenges with behavior and social skills due to mental illness.

VANTAGE POINT
1159 E 300 N, Provo, UT, 801-373-2215
Youth Services/Juvenile Receiving:
Provides 24-hour a day, 7 days a week immediate crisis and mental health services for male and female youth ages 10 to 17 who are vulnerable of becoming runaways or experiencing serious parent-child conflicts.

Shelter Care: Provides temporary placement for youth in DCFS custody due to abuse or neglect and/or who have had a disruption in a foster care placement.