



# **2023 ANNUAL REPORT**

**750 North Freedom Blvd.  
Provo, Utah 84601**

**(801) 373-4760**

**[www.wasatch.org](http://www.wasatch.org)**







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COMMISSIONER THOMAS SAKIEVICH  
BOARD CHAIR



COMMISSIONER AMELIA POWERS GARDNER



COMMISSIONER BRANDON GORDON

# AUTHORITY BOARD

## WASATCH BEHAVIORAL HEALTH SPECIAL SERVICE DISTRICT

*State law assigns the responsibility of administering local behavioral health services to county government. Wasatch Behavioral Health is a Special Service District of Utah County governed by the oversight of the Utah County Commissioners, who serve as the agency's Authority Board.*

### ABOUT US

Established in 1967, Wasatch Behavioral Health (WBH) is a Public Comprehensive Behavioral Health Center providing a variety of services designed to meet the needs of children, youth, adults, and their families throughout Utah and Wasatch Counties.

WBH is staffed by licensed professionals who specialize in mental health and substance use recovery. These professionals include psychiatrists, APRNs, nurses, clinical psychologists, marriage and family therapists, clinical social workers, clinical mental health counselors, substance use disorder counselors, adult and youth case managers, residential service staff, peer support specialists, family resource facilitators, parent mentors, care team assistants, and a comprehensive administrative business staff.

### REPORT TO THE COMMUNITY

As the elected officials are directly responsible for the provision of community behavioral health services in Utah County, the Authority Board takes its responsibility to the residents and the clientele of Wasatch Behavioral Health very seriously.

Wasatch Behavioral Health is recognized among behavioral health centers in Utah for its efficient operations and maximization of services to clientele for the money expended. We are proud to provide a full array of behavioral health services to Medicaid eligible residents of Utah and Wasatch Counties.

The Crisis Receiving Center, Vantage Point, New Vista, Aspire Academy, Early Episode Psychosis Program, Jail Transition Program, School Based Services, and Mobile Crisis Outreach Team expand the provided services to a broader population.

We look forward to continuing and expanding our excellence in service provision to the residents of Utah and Wasatch Counties.

# MESSAGE FROM THE CEO

We present the annual report of Wasatch Behavioral Health (WBH) to our Board of County Commissioners, local and state government officials, allied agencies, and the citizens of Utah and Wasatch County.

We deeply appreciate the many collaborative community partnerships with allied agencies, housing authorities, law enforcement, and other treatment providers. Utah County and WBH are well known for their collaborative community and excellent integration of services.

Critical workforce shortages threatened the continuity of services for clients over the Covid-19 related pandemic. In response to this critical need, WBH implemented a Forgivable Loan Program, where Wasatch Behavioral Health pays tuition for qualified employees to obtain a master's degree to become a therapist. This program has started to provide the first graduates. In the upcoming year, we anticipate employing close to 20 additional graduates of that program - thus addressing our critical need for qualified therapists within the agency. Subsequently, several of our programs report being staffed at (or above) pre-pandemic levels.

WBH continues to work towards improving the quality and outcomes of care provided. This commitment to the highest industry standards is reflected by WBH's Lab becoming CLIA (Clinical Laboratory Improvement Amendment) certified. Similarly, our Center for Opiate Recovery (COR) and our Aspire Academy, a residential program for youth, have achieved a 3-year CARF accreditation. Wasatch House, a psychosocial rehabilitation program, successfully renewed its accreditation with Clubhouse International.

Clinically, WBH has committed to training all staff (clinical and non-clinical) in the principles of Motivational Interviewing (MI) - an evidence-based practice. Further, we are in the process of implementing Lyssn, an electronic fidelity monitoring tool to assist clinicians agency-wide in developing MI and Cognitive Behavioral Therapy (CBT) skills.

Hiring a DEI (Diversity, Equity, and Inclusion) Officer, offering LGBTQ+-specific support services, and developing electronic registration processes in English and Spanish enhances access to services for the community.

We completed a 12-bed expansion at the Foothill Residential and Detox facility. This included the addition of a commercial kitchen to prepare meals for the residents. We also expanded our youth receiving center, Vantage Point, to American Fork which has a 12-bed capacity.

The expansion of our Payson facility, where Mountainlands Community Health Center will co-locate with us, is well under way. In addition to medical services, Mountainlands will offer pharmacy and dental services at that location. This significant expansion of our facility will be completed by the end of 2023.

Goals for the upcoming year include completing the training on MI for all staff, providing increased access to clinicians to utilize the Lyssn measuring tool, and enhancing client services and access by providing electronic access points to charts and scheduling services. Additionally, WBH is exploring becoming a Certified Community Behavioral Health Center (CCBHC) to further demonstrate our commitment to the highest clinical standards.

Goals for our clinical services include bringing our Assertive Community Team (ACT) to fidelity and increasing the number of clients served. Offering the collection of A1C data to clients will assist in tracking health status and early recognition of underlying health risks. Further, an expansion of outpatient services into the Saratoga Springs/ Eagle Mountain area is planned.

We look forward to continuing to enhance access, capacity, and clinical outcomes for our clients and the community.

Sincerely,



Juergen E. Korbanka, Ph.D.



# THE EXECUTIVE TEAM



**Doran Williams, LCSW**  
*Chief Operating Officer*



**Juergen E. Korbanka, Ph.D.**  
*Chief Executive Officer*



**Doralia Serrano-Castelan, MBA**  
*Chief Financial Officer*



**Tim McGaughy, MD**  
*Medical Director*



**Evan Morris, MBA, PHR**  
*Human Resource Director*



**Bret J. Linton, MBA, LCSW**  
*Corporate Compliance  
Division Director*



**Brian W. Butler, LCSW**  
*Clinical & Community Services  
Division Director*

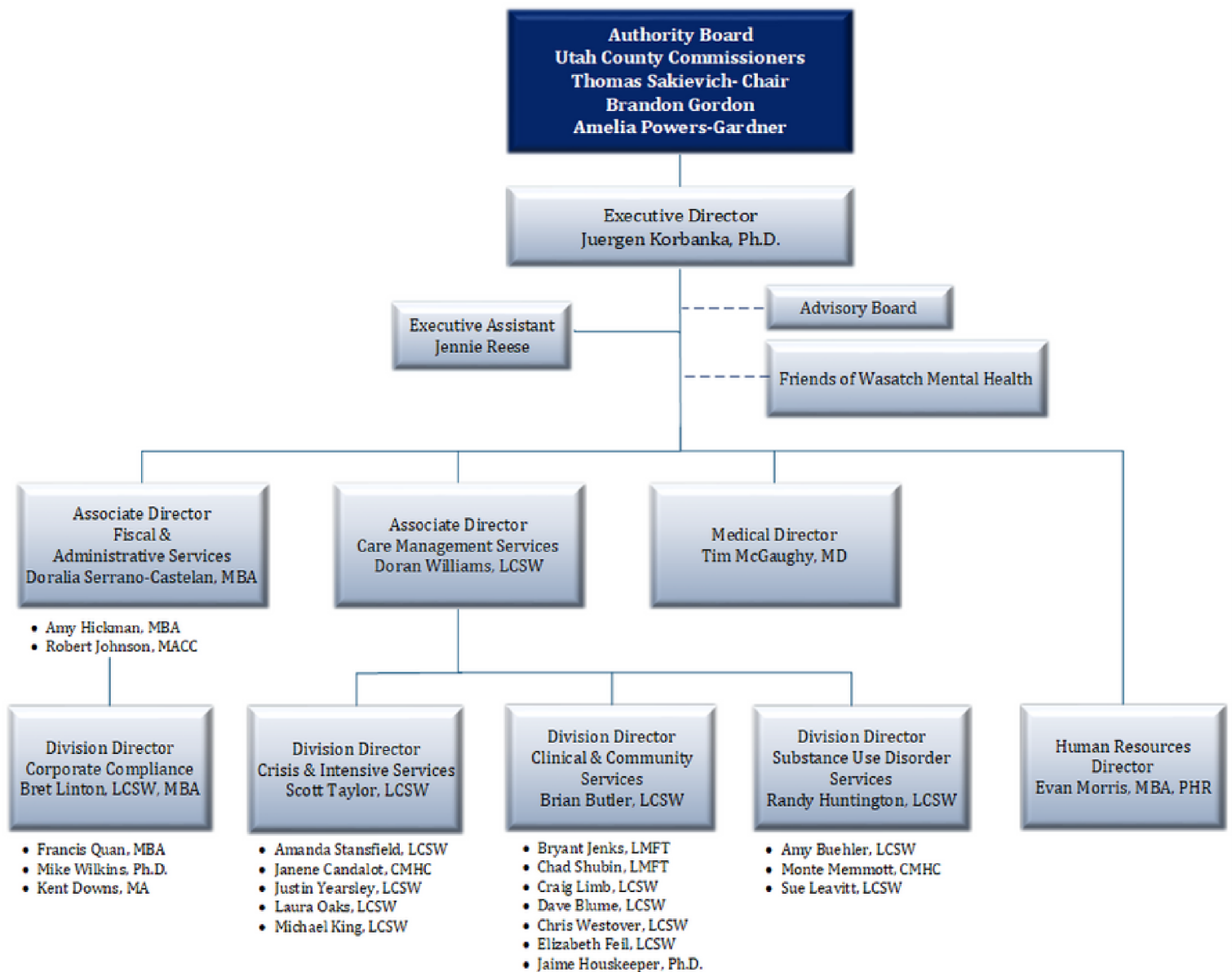


**Randy Huntington, LCSW**  
*Substance Use Disorder  
Division Director*



**Scott Taylor, LCSW**  
*Crisis & Intensive Services  
Division Director*

# ORGANIZATIONAL CHART





# FISCAL YEAR 2023 HIGHLIGHTS

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- Integrated group programming at CY-FAST for individuals who need more support throughout the week
- Utilized financial data to generate valuable insights and help inform company-wide decisions
- Our Laboratory Services was CLIA certified this year with the highest certification
- Rolled out the SURE, a clinical outcome measure for clients with substance use disorders
- Wasatch House received accreditation from Clubhouse International
- Provided services to 13,129 clients agency-wide
- Completed the remodel and expansion of the Foothill facility, which included the addition of a commercial kitchen
- Developed and implemented several software tools, including a text messaging application that allows staff to communicate with and send links to clients, and a proprietary telehealth platform to facilitate remote services
- Rolled out Motivational Interviewing (MI) training and the use of the Lyssn fidelity monitoring tool
- Improved access to care by significantly reducing the amount of time from first appointment to second appointment throughout the family clinics
- WBH and the Alpine School District were highlighted in the Utah School Behavioral Health Toolkit for their partnership and collaboration in “advancing school-based behavioral health”
- From FY2022 to FY2023, the Wasatch County Family Clinic team increased the number of individual clinical services provided by 36.65% from 3,694 services in FY22 to 5,048 services in FY23
- The American Fork Family Clinic established a “walk-in” registration process
- Over 60 WBH employees attended Trust Based Relational (TBRI) Intervention training
- Medical Services piloted an A1C program, and 365 clients now have documented A1C results in their charts from this program
- Outside provider contracts increased by 20% from FY2022 to FY2023
- Opened Vantage Point North, a youth receiving center
- Obtained 3-year CARF certification for Aspire Academy and Center for Opiate Recovery (COR)
- Met risk management requirements and received an Accountability Award from our insurance carrier
- In partnership with Utah Naloxone, the Receiving Center was able to train staff on utilizing and handing out Naloxone kits to consumers
- Giant Steps celebrated its 25th graduating class of children and families enrolled in the program
- Maintained Therapy-Connect services for clients needing urgent, but not emergent, clinical assistance- primarily via telehealth
- The Jail Transition Program (JTP) has been successful with introducing Medication Assisted Treatment (MAT) to the Utah County Jail
- The Vantage Point program celebrated it’s 25th anniversary
- Implemented regular use of a crisis-appropriate outcome measurement tool at Vantage Point



# FISCAL YEAR 2024 GOALS

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- Increase Peer Support Services hours by 20%
- Complete renovation and construction, to move all Substance Use Disorder programs currently located in the County Health & Justice Building to the new location in Orem
- The Wasatch Assistance Team Counseling the Homeless (WATCH) and Jail Transition Program (JTP) will increase new client intakes by 20%
- The JTP program will work to increase the usage of Medication Assisted Treatment (MAT) injections in the jail
- Completion of the Payson facility expansion
- Completion of an outpatient clinic in Saratoga Springs / Eagle Mountain area
- Increase monitoring of clinicians' utilizing the Y/OQ and SURE outcome measurement tools
- Giant Steps will expand services to include in-home autism support for families that have graduated from the program
- Giant Steps will begin providing autism respite services for families currently involved in the program
- The Receiving Center will offer support groups for people who have had loved ones die by suicide
- Crisis Residential Support will build a structure of treatment tracks for clients to participate in while at the CRS
- Improve our drop-in center services at both Vantage Point locations
- Medical services will expand the A1C program and will administer an A1C test to at least 75% of clients in the Westpark medical clinic
- Outside providers will expand provider contracts by 50%
- We will explore submitting an application for a CCBHC (Certified Community Behavioral Health Center) grant
- Work towards expanding the Wasatch County/ Summit County MCOT team to 24/7 availability
- Expand the Alpine School District therapists by 25%
- Expand the Bridge Team to a full fidelity ACT model (Assertive Community Team)
- Expand Health Integration Services to the Payson Family Clinic
- Implement a new help ticket software system to centralize and streamline the processes by which WBH accesses support from administrative departments
- Deploy a digital registration tool that can be completed remotely by clients on any web-enabled device
- Train all appropriate clinicians in the use of Lyssn (the Artificial Intelligence clinical fidelity monitoring software for Motivational Interviewing)
- Begin development of a patient portal that allows for online appointment scheduling and secure two-way text communication



# SCOPE OF SERVICES

## State Mandated Services

- Individual & Group Psychotherapy
- Therapeutic Behavioral Services
- Mental Health Assessment
- Psychiatric Diagnostic Evaluation
- Psychological Testing
- Pharmacologic Management
- Nurse Medication Management
- Case Management
- Personal Services
- Peer Support
- Assertive Community Treatment (ACT)
- Residential Care and Services
- Mobile Crisis Outreach Teams (MCOT)
- Crisis Residential Support
- Receiving Center
- Vocational Training
- Psychosocial Rehabilitative Services
- Skills Development
- Psychoeducational Training
- Respite Services
- Supportive Living
- SUD Residential Treatment
- Residential Withdrawal Management

## Additional Services Provided

- Adult Mental Health Court
- Housing Services
- Jail Medication Services
- Nursing Home Services
- Autism Treatment
- Emergency Counseling
- Juvenile Receiving Centers
- Youth Sexual Offender Treatment
- Domestic Violence Treatment
- Homeless Outreach
- Intensive Residential Treatment
- Contracted Services
- Jail Transition Services
- Prevention/Recovery for Early Psychosis
- Representative Payee Services
- Methadone Dosing
- Inpatient Care & Services
- Community Consultation & Education
- School Based Services
- Drug Court Support
- UA Laboratory Services
- Intensive Adolescent Female Treatment
- Youth Behavioral Health Court
- Virtual Psychotherapy



# PERFORMANCE DATA

| Data                               |               |
|------------------------------------|---------------|
| Number of New Admits               | 8,628         |
| Number of Patients Served          | 13,129        |
| Inpatient Admissions               | 461           |
| Inpatient Unduplicated Admissions  | 354           |
| Bed Days                           |               |
| Crisis Residential Services        | 690           |
| Foothill Detox                     | 1,205         |
| Receiving Center                   | 1,639         |
| Vantage Point                      | 3,434         |
| Aspire Academy                     | 2,820         |
| Inpatient                          | 3,310         |
| Adult Residential Intensive (IRT)  | 5,362         |
| Substance Use Disorder Residential | 6,079         |
| Adult Residential Supportive (SRT) | 10,433        |
| Independent Housing                | 23,363        |
| <b>TOTAL BED DAYS</b>              | <b>58,335</b> |

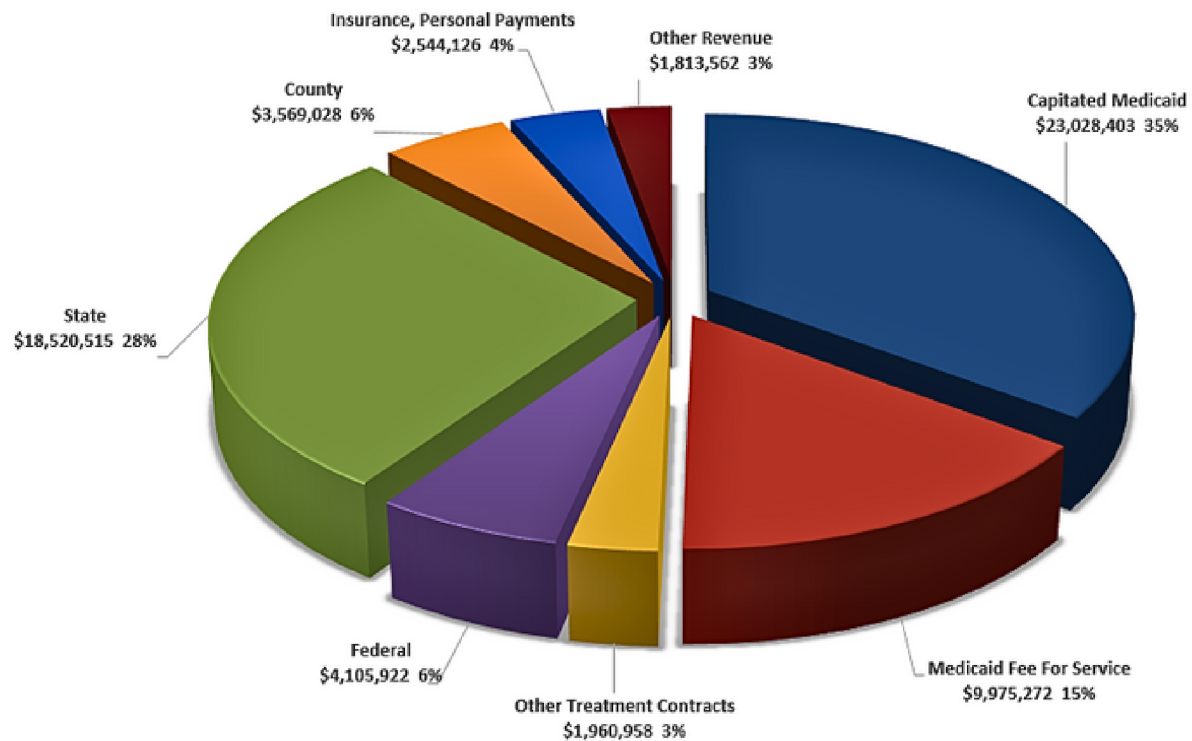


| TREATMENT (HOURS)               | Mental Health  | Substance Use Disorder | Totals         |
|---------------------------------|----------------|------------------------|----------------|
| Evaluation/Testing              | 14,989         | 2,786                  | 17,775         |
| Individual/Family Treatment     | 65,760         | 5,767                  | 71,527         |
| Group Treatment                 | 22,878         | 39,858                 | 62,736         |
| Med. Management MD (encounters) | 12,166         | 1,537                  | 13,703         |
| Med. Management RN (encounters) | 35,009         | 357                    | 35,366         |
| Skills Development/Adult        | 54,438         | 10,416                 | 64,854         |
| Skills Development/Youth        | 90,995         | -                      | 90,995         |
| Behavior Management             | 49,077         | 903                    | 49,980         |
| Case Management                 | 40,189         | 4,241                  | 44,430         |
| Peer Support Services           | 3,321          | 3,864                  | 7,185          |
| Psych Testing                   | 5,581          | -                      | 5,581          |
| Mobile Crisis Outreach Team     | 991            | -                      | 991            |
| ATR Vouchers                    | -              | 4,908                  | 4,908          |
| Methadone Treatment             | -              | 12,183                 | 12,183         |
| Receiving Center                | -              | 1,139                  | 1,139          |
| Drug Testing (encounters)- New  | -              | 19,356                 | 19,356         |
| <b>TREATMENT TOTALS</b>         | <b>395,394</b> | <b>107,315</b>         | <b>502,709</b> |

# FINANCIAL SUMMARY

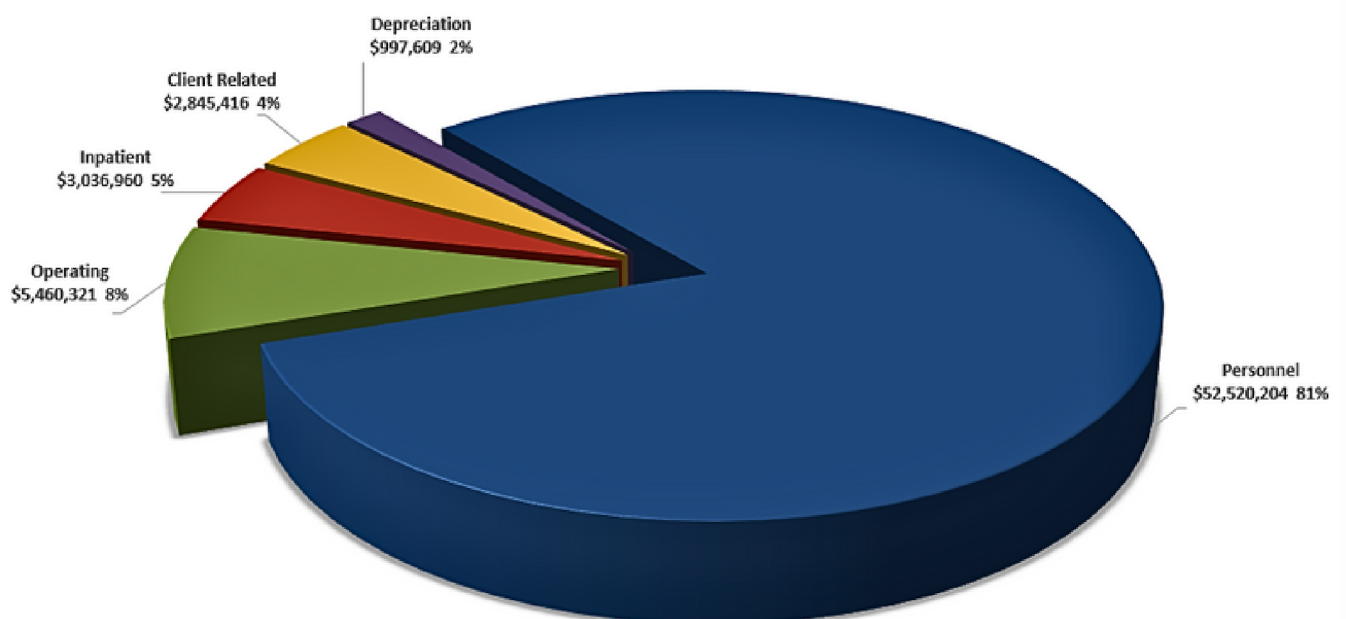
## FY2023 Total Revenues By Source

**\$65,517,786\***



## FY2023 Expenditures

**\$64,860,510\***

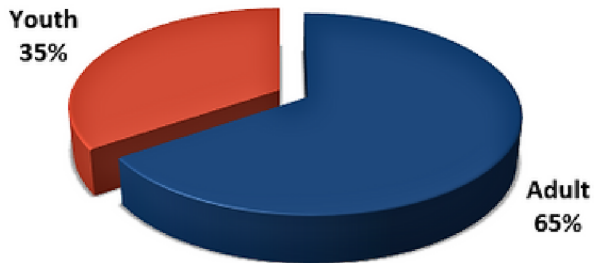


\*Unaudited Data

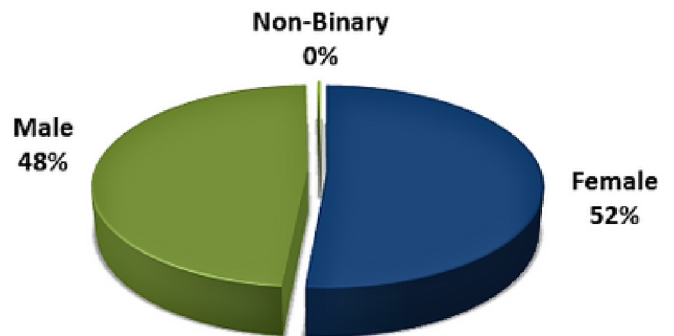


# DEMOGRAPHIC DATA

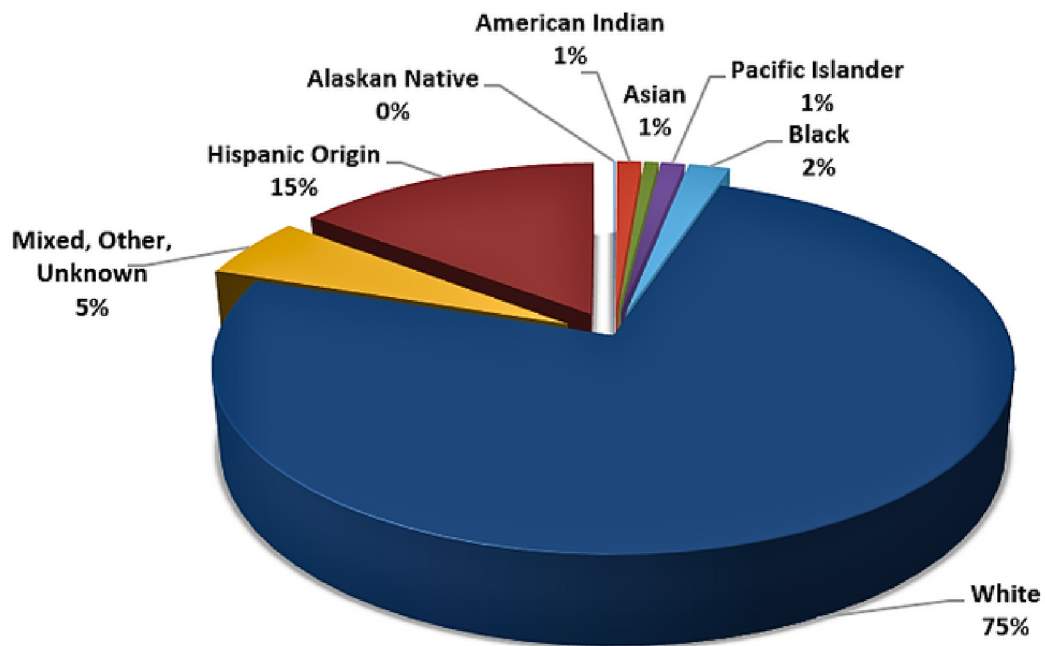
## Clients Served By Age



## Clients Served By Gender

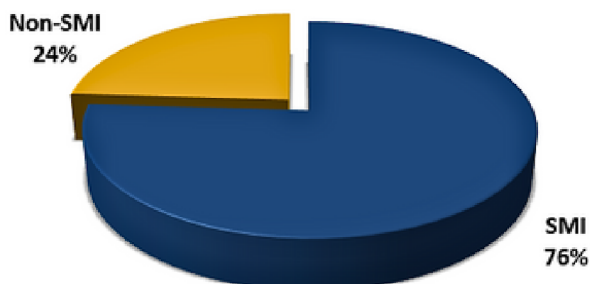


## Clients Served By Ethnicity



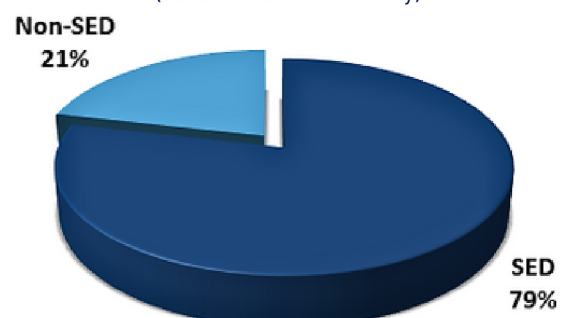
## SMI Adult Clients

(Seriously Mentally Ill)



## SED Youth Clients

(Serious Emotional Disability)



# CRISIS AND INTENSIVE SERVICES DIVISION



**Scott Taylor, LCSW**  
*Division Director*



**Michael King, LCSW**  
*Program Manager*  
Giant Steps  
Grandfamilies  
Strengthening Families



**Janene Candalot, CMHC**  
*Program Manager*  
Vantage Point (Provo)  
Vantage Point North



**Justin Yearsley, LCSW**  
*Program Manager*  
New Vista  
Aspire Academy



**Amanda Stansfield, LCSW**  
*Program Manager*  
Stride  
XCEL  
CY-FAST



**Laura Oaks, LCSW**  
*Program Manager*  
Crisis Residential Support  
Receiving Center  
Mobile Crisis Outreach Team



# CRISIS AND INTENSIVE SERVICES DIVISION

## Division Summary

The Crisis and Intensive Services Division provides interventions for those in crisis or with acute behavioral health needs. This includes mobile outreach services, crisis shelter care, residential treatment programs for youth, and a pre-school for children on the autism spectrum with mental health needs. In addition, we provide full and partial day treatment programs for children and youth.



## Quick Facts

- ◆ 245 Employees in the division
- ◆ 3,156 Unduplicated clients served
- ◆ 355,557 Hours of service provided
- ◆ 2,465 Potential hospitalization admissions were prevented
- ◆ 195 Clients were served in Stride classrooms
- ◆ Giant Steps celebrated its 25th graduating class
- ◆ 1,762 Emergency Department visits diverted to the Receiving Center

## Programs

- CY-FAST (Children & Youth Family Assessment & Stabilization Team)
- Adult & Youth MCOT (Mobile Crisis Outreach Team)
- Crisis Respite
- Stride (K-5 Partial Day-Treatment)
- XCEL (6-12 Partial Day-Treatment)
- Utah State Hospital Liaison
- Inpatient Hospital Utilization Review
- Vantage Point & Vantage Point North (Youth Receiving Shelter)
- Aspire Academy (Female Youth Treatment Center)
- New Vista (Adolescent Full Day-Treatment)
- Receiving Center
- Crisis Residential Support (Acute Stabilization from Receiving Center)
- Civil Commitment
- Giant Steps (Autism Pre-School)
- Strengthening Families and Grandfamilies

## Client Success Story

MCOT responded to the call of a man who was experiencing suicidal ideation, with a plan to follow through. His wife stated he had been depressed before, but it had not ever been this severe. MCOT talked to the man and helped him recognize some behaviors that were impacting his mental health in unhealthy ways. An MCOT therapist and peer support staff encouraged him to re-engage in therapy. The man said he would think about it.

On the follow-up call a day or two later, the wife of the man reported the visit from MCOT likely saved her husband's life. He has more hope now, and has an appointment scheduled to start therapy. The wife said she and her husband were very appreciative of the care they received from MCOT.

# CLINICAL & COMMUNITY SERVICES DIVISION



**Brian W. Butler, LCSW**  
*Division Director*



**Chris Westover, LCSW**  
*Program Manager*  
Westpark Family Clinic  
Mountain Peaks Counseling  
Clerical Support Services



**Elizabeth Feil, LCSW**  
*Program Manager*  
Provo Family Clinic  
Payson Family Clinic



**Chad Shubin, LMFT**  
*Program Manager*  
Wasatch County Family Clinic  
Wasatch County MCOT



**Bryant Jenks, LMFT**  
*Program Manager*  
School Based Services  
PREP  
Bridge Team (ACT)



**David Blume, LCSW**  
*Program Manager*  
South Provo Clinic  
Representative Payee Services



**Jaime L. Houskeeper, Ph.D.**  
*Program Manager*  
Psychological Assessment Services  
Medical Services  
Outside Provider Services



**J. Craig Limb, LCSW**  
*Program Manager*  
American Fork Family Clinic



# CLINICAL & COMMUNITY SERVICES DIVISION

## Division Summary

The Clinical and Community Services Division provides family outpatient care to individuals recovering from a primary mental health condition in Utah and Wasatch Counties. Services include psychiatry, psychotherapy, case management, and peer support that are delivered in the clinic, in schools, and in client homes. Services are available in person or via telehealth. Our Clubhouse, Supported Housing, and Representative Payee Services provide specialty care to clients who qualify.



## Quick Facts

- ◆ 10,105 Unduplicated clients served
- ◆ 167,742 Hours of service provided
- ◆ Staffing pattern brought back to pre-pandemic level or better
- ◆ 285 Individuals were assisted through RPS
- ◆ Reduced average time from intake to first appointment from 31 days in FY22 to 16 days in FY23

## Programs

- Outpatient Therapy, Psychiatry, & Medication Management at Westpark, Provo, American Fork, Payson, and Wasatch County Family Clinics
- Psychological Assessment Services
- Representative Payee Services
- Wasatch House (Accredited Clubhouse Model)
- School Based Services
- PREP Team (Prevention/Recovery for Early Psychosis)
- South Provo Clinic (Case Management and Supportive Housing)
- Bridge Team (Assertive Community Treatment)
- Nursing Home and Assisted Living Services
- Outside Provider Services
- Mountain Peaks Counseling
- Mental Health Court
- PASRR (Pre-Admission Screening/Resident Review)
- Domestic Violence Treatment
- HIP Team (Health Integration Project)
- Wasatch County MCOT, Substance Use Treatment & Prevention
- CIT Police Academy (Crisis Intervention Training)

## Client Success Story

One of our therapists has been working with a young adult who experiences significant anxiety, especially as it relates to physical healthcare appointments, procedures, etc. She had a dentist appointment scheduled and was working on exposures and anxiety coping skills to help her successfully attend the appointment. She was also working to create accommodations with her dentist to reduce anxiety ahead of her appointment. Her anxiety manifests in multiple ways to encourage her to avoid scheduling and attending appointments. These anxieties include fear, discomfort, and catastrophizing.

In working with her therapist leading up to the appointment she gained confidence in herself and distanced herself from the anxiety.

# SUBSTANCE USE DISORDER DIVISION



**Randy Huntington, LCSW**  
*Division Director*



**Amy Buehler, LCSW**  
*Program Manager*  
Assessment & Referral  
Laboratory Services  
Men's Outpatient Services  
Promise Program  
Youth & Young Adult Program



**Susan Leavitt, LCSW**  
*Program Manager*  
Intensive Residential Treatment  
Center for Opiate Recovery  
Foothill Treatment Center  
Medical Assisted Treatment



**Monte Memmott, CMHC**  
*Program Manager*  
Homeless WATCH Program  
Jail Transition Program  
On Unit Treatment Program  
Parolee Access to Recovery Program  
Drug Court  
Recovery Residence  
Recovery Support

# SUBSTANCE USE DISORDER DIVISION

## Division Summary

The Substance Use Disorder Division provides a range of outpatient and residential treatment services to include an intake and assessment office, detox and residential facility, outpatient treatment with assigned therapist and case management teams, CLIA certified Lab, certified methadone dispensing, and Addictionologist medical doctor providing medication-assisted treatment, peer support services, and several criminal justice programs serving Utah County residents and individuals who are homeless.

## Quick Facts

- ◆ 1,814 Unduplicated clients served
- ◆ 388 Clients served by MAT (Medication-Assisted Treatment)
- ◆ 104 Individuals participated in Drug Court
- ◆ 250 Homeless Individuals were served
- ◆ The WATCH program obtained a \$35,000 grant to provide hygiene and other supplies to homeless individual's, including COVID testing and vaccinations

## Programs

- Substance Use Assessment & Referral (SAR)
- Promise Program for Women & Children
- Outpatient Treatment for Men
- Youth & Young Adult Program (YAP)
- CLIA Certified Laboratory Services
- Center for Opiate Recovery (COR)
- Foothill Residential Program
- Intensive Residential Treatment (IRT)
- Medication-Assisted Treatment (MAT)
- Utah County Probation Program
- Adult Drug Court
- Utah County Jail On Unit Treatment Program (OUT)
- Parolee Access to Recovery (PATR)
- Recovery Support (Peer Support Specialists)
- Recovery Residence (Sober Living)
- Jail Transition Program (JTP)
- Wasatch Assistance Team Counseling the Homeless (WATCH)



## Client Success Story

We have been working with a man who has been very resistant to treatment. When he began treatment he had several failed attempts at recovery. He had a poor living situation and was minimally employed. He did not want to be here and made it well known that he didn't think he could be helped. He and his spouse had their child removed from the home due to substance use and other issues. Having his child returned was his sole motivation for him to stay in treatment. However, he was not confident in his ability to make progress. The men's treatment team engaged with him and utilized Motivational Interviewing to help him identify and build on his motivation for change. Slowly he began to recognize his capacity to change and became compliant with treatment. He was able to see that it was possible to get his child back by making changes.

He was very successful in treatment, complied with DCFS, and was able to have his child returned to the home. He also received a promotion at work. He and his family continue to do well.



# ADMINISTRATIVE SERVICES



**Amy Hickman, MBA**  
*Program Manager*  
Accounting Department



**Robert Johnson, MAcc**  
*Program Manager*  
Billing Department

## CORPORATE COMPLIANCE DIVISION



**Bret J. Linton, LCSW , MBA**  
*Division Director*



**Francis Quan, MBA**  
*Program Manager*  
Information Services  
Information Technology



**Kent Downs, MA**  
*Program Manager*  
Building & Vehicle Maintenance  
Risk Management  
Support Services



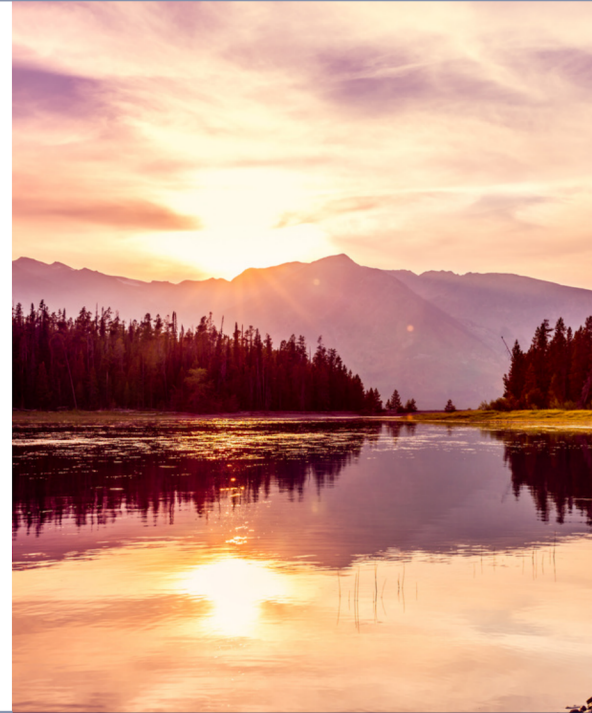
**Mike Wilkins, Ph.D.**  
*Program Manager*  
Clinical Performance & Compliance  
Medical Records



# CORPORATE COMPLIANCE DIVISION

## Division Summary

The Corporate Compliance Division is comprised of several administrative departments, and though small in size, it works with other departments and divisions across Wasatch Behavioral Health to ensure the center's compliance with laws and regulations, maintain and provide access to medical records, improve clinical service quality, and to develop innovative tools and services with the ultimate goal of efficiently providing the highest quality of services to WBH clients while meeting all regulatory requirements.



## Quick Facts

- ◆ Increased use of the clinical support tool by 864%
- ◆ 75 Clinicians trained in Lyssn, an AI platform for evidence based practices and Motivational Interviewing
- ◆ Developed an electronic registration form in English and Spanish
- ◆ Purchased land in Eagle Mountain for future clinic expansion

## Programs

- Clinical Performance and Compliance
- Contracts and Grants
- Marketing and Community Relations
- Medical Records
- Therapy Connect (Virtual Therapy)
- Support Services
- Information and Technology Services
- Building and Vehicle Maintenance
- Exceptions Committee
- Risk Management

## Success Story

There was a clinician who was initially hesitant, and even vocally resistant to using Lyssn's fidelity monitoring software. Despite initial reservations, he was willing to be trained and after made the comment, "you've given me something to think about".

This clinician was the first in his department to record and analyze 20 sessions, and now has over 49 sessions recorded. He recently summed up his experience in a staff meeting by saying, "Lyssn actually has helped me during times when I'm not sure what to do with a client- I use MI (Motivational Interviewing). It also helps me to stay focused and geared up during a session so I provide better treatment".

# WASATCH BEHAVIORAL HEALTH LOCATIONS

## **Administrative Offices**

750 N Freedom Blvd, Suite 300  
Provo, UT 84601  
(801)373-4760



## **American Fork Family Clinic**

578 E 300 S  
American Fork, UT 84003  
(801)763-5010

## **Aspire Academy**

371 S Vineyard Rd  
Orem, UT 84058  
(801)373-4765

## **Bridge Team**

580 E 600 S, Suite 200  
Provo, UT 84606  
(801)852-1624

## **CY-FAST**

1185 E 300 N  
Provo, UT 84606  
(801)852-2138

## **Foothill Residential & Detox**

3281 N Main  
Spanish Fork, UT 84660  
(385)268-5070

## **Giant Steps Autism Preschool**

Foothill Elementary School  
921 N 1240 E  
Orem, UT 84097  
(801)226-5437

## **Intensive Residential Treatment**

2877 W Center St  
Provo, UT 84601  
(801)852-3320

## **Laboratory Services**

151 S University Ave, Suite 1200  
Provo, UT 84601  
(385)268-5040

## **Medical Records**

580 E 600 S, Suite 220  
Provo, UT 84606  
(801)960-6605

## **Mountain Peaks Counseling**

750 N Freedom Blvd  
Provo, UT 84601  
(801)373-4760

## **New Vista**

1161 E 300 N  
Provo, UT 84606  
(801)375-9226

## **Parkview**

1161 E 300 N  
Provo, UT 84606  
(801)373-4765

## **Payson Family Clinic**

285 N 1250 E  
Payson, UT 84651  
(801)852-3805

## **PREP- First Episode Psychosis**

580 E 600 S, Suite 200  
Provo, UT 84606  
(801)852-1624

## **Promise for Women & Children**

290 E 930 S  
Orem, UT 84058  
(385)268-5080

## **Provo Family Clinic**

1165 E 300 N  
Provo, UT 84606  
(801)377-1213

# WASATCH BEHAVIORAL HEALTH LOCATIONS

## **Psychological Assessment Services**

750 N Freedom Blvd  
Provo, UT 84601  
(801)852-1422

## **School Based Services**

580 E 600 S, Suite 200  
Provo, UT 84606  
(801)852-1624

## **South Provo Clinic**

Case Management, Housing, RPS  
580 E 600 S  
Provo, UT 84606  
(801)373-7443

## **Stride & XCEL**

1161 E 300 N  
Provo, UT 84606  
(801)319-1142

## **Substance Use Disorder Services**

Assessment & Referral (SAR)  
151 S University Ave, Suite 1400  
Provo, UT 84601  
(385)268-5000

## **SUD Youth & Young Adult Program**

151 S University Ave, Suite 1400  
Provo, UT 84601  
(801)960-6041

## **Vantage Point**

1189 E 300 N  
Provo, UT 84606  
(801)373-2215

## **Vantage Point North**

947 N 800 E  
American Fork, UT 84003  
(801)268-5090

## **WATCH**

299 E 900 S  
Provo, UT 84606  
(385)268-5000

## **Wasatch County Family Clinic**

55 S 500 E  
Heber City, UT 84032  
(435)654-3003

## **Wasatch House (Clubhouse)**

605 E 600 S  
Provo, UT 84606  
(801)373-7440

## **Westpark Family Clinic**

750 N Freedom Blvd  
Provo, UT 84601  
(801)373-4760

## CRISIS SERVICES

### **Receiving Outreach Center**

1175 E 300 N  
Provo, UT 84606  
(801)852-2131

### **24-Hour Service**



[www.988lifeline.org](http://www.988lifeline.org)

### **Crisis Residential Support**

1157 E 300 N  
Provo, UT 84606  
(801)852-4510

### **Utah County MCOT**

*For Law Enforcement & Allied Agencies*  
1175 E 300 N  
Provo, UT 84606  
(801)494-0880

### **Wasatch County MCOT**

*For Law Enforcement & Allied Agencies*  
1885 W Ute Blvd  
Park City, UT 84098  
(435)654-3003