Grandfamilies First
Information and Support Group
For Relatives as Parents

Week 1 - Grandfamilies Program Overview and What is Kinship Care
Children’s Group – Introduction to Interpersonal Skills

Week 2 - Do I Have Rights?
The legal issues of a relative caregiver and a child’s need for permanency.
Children’s Group – Developing a Healthy Self-Esteem

Week 3 - Loss/Grief and /Attachment Issues of Children in Kinship Care
Children’s Group – Identifying and Expressing Feelings

Week 4 - Why Can’t We Be A Family Again?
Children’s Group – Identifying and Managing Feelings

Week 5 - The Dynamics of Kinship Families: Raising a relative’s child and the impact on the entire family.
Children’s Group – Kinship Family Dynamics

Week 6 - Parenting Two Generations! How to deal with your adult child by establishing appropriate boundaries and ending the enabling.
Children’s Group – Learning Healthy Coping Skills

Week 7 - Parenting the At Risk Child. Information for caregivers in understanding the behavior of the children they are raising.
Children’s Group – Overview of the Effects of Drugs and Alcohol

Week 8 - Substance Abuse and Addiction
Children’s Group – Handling Peer Pressure

Week 9- Risk and Protective Factors for Children in Kinship Care
Children’s Group – Anger Management Techniques

Week 10 - What About Me? The personal realities for relative caregivers.
Children’s Group – Social Skills and Termination

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