

# GRANDfamilies Program

## of Utah County

No cost to participants!



### What are GRANDfamilies?

Grandfamilies, or kinship families, are those where grandparents, other relatives, or a fictive kin relation are raising a child experiencing temporary or permanent parent absence due to a variety of life circumstances including substance misuse, incarceration, death, or illness of the biological parent.

### The GRANDfamilies Program of Utah County

We are a 10 week support, education, and resource program designed to help caregivers and children navigate the unique challenges that come with being in a kinship family.

## GRANDfamilies 10 Week Support & Education Group

Held four times a year beginning in January, April, July, or October.

for Kinship Caregivers & Kids

- Geared toward kinship children ages 4-17 and their caregivers (biological parents do not attend).
- Weekly adult group focused on kinship issues including...
  - Guardianship
  - Loss & grief
  - Addiction education
  - Parenting tools for children from stressed environments
  - Bonding & attachment
- Children's group focused on..
  - Age appropriate addiction education
  - Life skills
  - Communication
  - Friendships
  - FUN!

Light dinner is provided on group nights & a childcare option is available for those with children under 4 yrs.

Currently enrolling for the upcoming session.

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