



# KIDS AFTER SCHOOL PROGRAM

AGE 5-12

## Topics Discussed:

- |               |                 |
|---------------|-----------------|
| Social Skills | Problem-Solving |
| Coping Skills | Mindfulness     |
| Communication | Practice        |
| Self-esteem   |                 |

## Activities:

- Outdoor Activities Daily
- Arts & Crafts
- Group Therapy

(801) 852-3584

Monday - Friday  
3:00 p.m. - 5:30 p.m.

Provo Family Clinic  
1165 E. 300 N.  
Provo, UT 84606

If interested in attending,  
please email:  
[stride-referrals@wasatch.org](mailto:stride-referrals@wasatch.org)

*Transportation Options Available  
Medicaid Insurance Only*



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