

# WASATCH MENTAL HEALTH

## Wasatch County Family Clinic

### Group Schedule

Day	Purpose	Start	End	Location	Room	Staff				
<b>Monday</b>										
	Thinking Errors	5:30 PM	7:00 PM	WCFC		Debbie				
	Why Try (High School / Middle)	3:00 PM	4:00 PM	WCFC	Conference Room	Diana (Runs Until 2nd Week of March - Need more information) Not open.				
<b>Tuesday</b>										
	Recovery Retreat	10:00 PM	1:00 PM		Case Mng. Office	Debbie (Low functioning)				
	Social Skills	3:30 PM	5:00 PM	Midway Elementary School		Debbie & Jennifer				
	Men's Group - Substance Abuse Re	5:30 PM	7:00 PM	WCFC	Conf. Room	Dallas				
	Women's Group - Substance Abuse	5:30 PM	7:00 PM	WCFC	Case Mng. Office	Adriana				
	Strengthening Families	6:00 PM	9:00 PM	Health Department	Multiple Rooms	Debbie, Dave, Diana, Yuri, Colleen, Jennifer				
	DUI Class / Primed for Life	-	-	Not until March (Every 4 to 6 weeks, English & Spanish)		Alejandra Laura (Contracted Teacher)				
<b>Wednesday</b>										
	Transport	3:20 PM	3:30 PM	JR Smith Elementary		Debbie & Jennifer				
	Social Skills	3:30 PM	5:00 PM	Heber Valley Elementary		Debbie & Jennifer				
	Relapse Prevention	5:30 PM	7:00 PM	WCFC	Conference Room	Lesa				
	Smoking Cessation	5:30 PM	7:00 PM	Not Current	On Hold / Play Room	Sheryl				
	Health & Wellness	5:30 PM	7:00 PM	Not Current	On Hold / Play Room	Sheryl				
	DUI Class / Primed for Life	-	-	Not until March (Every 4 to 6 weeks, English & Spanish)		Alejandra Laura (Contracted Teacher)				
<b>Thursday</b>										
	Recovery Retreat	10:00 PM	1:00 PM		Case Mng. Office	Debie (Low functioning)				
	Transport	3:20 PM	3:30 PM	Daniels Elementary		Debbie & Jennifer				
	Group	3:30 PM	5:00 PM	Old Mill Elementary school		Debbie & Jennifer				
	Anger Mng.	5:30 PM	7:00 PM	WCFC	Case Mng Office	Jennifer				
	Smart Recovery	5:30 PM	7:00 PM	WCFC	Conference Room	Usara (Trevor & Rebecca)				
<b>Friday</b>										
	MRT	4:00 PM	5:00 PM	WCFC	Conference Room	Dallas				
<b>Intermittent Groups</b>										
	Love & Logic	6:30 PM	8:00 PM	3 Classes a Year. (2 English Language and once a year in spanish - 4 class for 1.5 hours)						
	DUI	School Hrs.	School Hrs.	Twice a week for 2 Weeks (Performed twice in Fiscal 2017-2018)						