

# Suicide Safe: A New Suicide Prevention App from SAMHSA

**Almost half of individuals who die by suicide have visited a primary care provider in the month prior to their death, and 20% have had contact with mental health services.**

**Suicide Safe** is a new, free mobile app that helps providers integrate suicide prevention strategies into their practice and address suicide risk among their patients.

**Suicide Safe** is based on the nationally recognized Suicide Assessment Five-step Evaluation and Triage (SAFE-T) card and helps providers:

- Confidently assist patients who present with suicidal ideation.
- Communicate effectively with patients and their families.
- Determine appropriate next steps.
- Make referrals to treatment and community resources.

Suicide Safe is available for Apple® and Android™ mobile devices.

Visit [bit.ly/suicide\\_safe](http://bit.ly/suicide_safe) to learn more and download the app.



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SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.

<http://www.samhsa.gov/> 1-877-SAMHSA-7 (1-877-726-4727)